**Healthy Me! And Gardening- Week 1**

Talk about gardens- what can we see in a garden? What would you put in a garden? What fruits and vegetables do you like? Which ones do you not like? What are healthy foods? Discussion of healthy foods and exercise in our lifestyle.

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|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| **8:30- 8:55** |  |  |  |  |  |
| **Art Table/**  **Toy Area** | Free play of toys and art centre | Free play of toys and art centre | Free play of toys and art centre | Free play of toys and art centre | Free play of toys and art centre |
| **8:55- 9:10** |  |  |  |  |  |
| **Morning Circle** | Routine (good morning, weather, attendance, question of the day) | Routine (good morning, weather, attendance, question of the day) | Routine (good morning, weather, attendance, question of the day) | Routine (good morning, weather, attendance, question of the day) | Routine (good morning, weather, attendance, question of the day) |
| **9:10- 9:30** |  |  |  |  |  |
| **Literacy Table** | Alphabet tangrams | I spy- letters and magnifying glasses- find letter Jj |  | Letter Jj- learn Jolly Phonics | Jj- tracing, colouring clipart for journals |
| **Creative Table** | Paint fruit for display | Paint Fruit for display | Show and Tell | Carrot stamping the letter J |  |
| **Numeracy Table** | Number linking activity | Number linking activity |  | Vegetable measuring with pattern blocks | How many..(Js) can you find (literacy and maths)  Plastic letters in a bucket |
| **9:30- 10:05** |  |  |  |  |  |
| **Outdoor Play** | Fruit hopscotch | Fruit bowling | Teacher Jody- PE | Open Area Bike play | Teacher Jody- PE |
| **10:05- 10:30** | **Snack** | | | | |
| **10:30-11:05** |  |  |  |  |  |
| **Lesson** | Read the Pea Patch Jig(Epic!)  What can we see in a garden? What would *you* put in a garden? | Vegetables are good for us. What vegetables do you like? What vegetables do you not like?  Do you like broccoli song- super simple songs (spaghetti yogurt) | How long is it?  Jasper Beanstalk Activity- Order Sequence- Long to Short | \*Watch: Peppa Pig- Shopping!  \*Talk about shopping  When you go shopping, what do you like to buy?  \*sing baby doing grocery shopping | Let’s Talk about our perfect salad |
| **11:05- 11:30** |  |  |  |  |  |
| **Adult-led Activity or Continuous Provision** | Flashcard games- fruit and vegetable vocab  Duck, duck, goose!  Musical chairs | Class survey- to you like…? Yes I do, no I don’t | Trip to primary school garden with our homemade binoculars | Fruit and Veg Market Roleplay | Now Let’s Make it!  (cut real vegetables with plastic forks- visit from Teacher Ally’s pet rabbit- feed rabbit our salads) |
| **11:30-12:00** | **Lunch** | | | | |
| **12:00- 12:15** | **Reading Time** | | | | |
| **12:15-14:15** | **Naptime** | | | | |
| **14:15- 14:30** | **Wake Up and Snack** | | | | |
| **14:30- 14:05** |  |  |  |  |  |
| **Outdoor Play** | Free Play- add sheets and boxes | Free Play- optional walkie talkies | Free play- optional cars and ramps | Pull out weeds for out garden | Pull out weeds for garden or free play |
| **15:05- 15:20** |  |  |  |  |  |
| **Music** | Instrument free play | Old McDonald  If you’re a kid | Instrument free play | Old McDonald  If you’re a kid | Umizoomi! |
| **15:20- 15:50** |  |  |  |  |  |
| **Chinese Class** | Teacher Nikki | Teacher Nikki | Teacher Nikki | Teacher Nikki | Teacher Nikki |
| **15:50- 15:55** | **Closing song and Goodbye** | | | | |
| Easel | Fruits and Veg painting | | | | |
| Construction |  | | | | |
| Small World |  | | | | |
| Roleplay | Fruit and Veg Market | | | | |
| ITC | Walkie Talkies, fruit and veg, shopping, going to see an actual garden planted by the primary grades | | | | |
| Circle Time | What can we see in a garden? What would you put in a garden? What fruits and vegetables do you like? Which ones do you not like? What are healthy foods? Discussion of healthy foods and exercise in our lifestyle. | | | | |
| Story | The Pea Patch Jig | | | | |
| **Events** |  | | | | |