**PK International- Healthy Me! And Gardening**

Talk about gardens- what can we see in a garden? What would you put in a garden? What fruits and vegetables do you like? Which ones do you not like? What are healthy foods? Discussion of healthy foods and exercise in our lifestyle.

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|  | Monday | Tuesday | Wednesday | Thursday | Friday |
|  **8:30- 8:55** |  |  |  |  |  |
| **Art Table/** **Toy Area** | Free play of toys and art centre | Veggie Family Sports DayAll Parents meet with Children on the Primary Sports FieldDance PerformancesFamilies Play Veggie Games | Free play of toys and art centre | Free play of toys and art centre | Free play of toys and art centre |
| **8:55- 9:10** |  |  |  |  |
| **Morning Circle** | Routine (good morning, weather, attendance, question of the day) | Routine (good morning, weather, attendance, question of the day)  | Routine (good morning, weather, attendance, question of the day) | Routine (good morning, weather, attendance, question of the day) |
| **9:10- 9:30** |  |  |  |  |
| **Literacy Table** | Literacy puzzles |  | Let’s write W s on palm trees |  |
| **Creative Table** | Celery Stamping letter W | Show and Tell | Playdough- pipe cleaner, small people glitter table |  |
| **Numeracy Table** | N/A |  |  | \*Number Wheels\*Lock blocks measuring carrots |
| **9:30- 10:05** |  |  |  |  |
| **Outdoor Play** |  new play structure | Sand Play- Water- castles | Open Area Bike play | Teacher Jody- PE |
| **10:05- 10:30** | **Snack** |
| **10:30-11:05** |  |  |  |  |  |
| **Lesson** | Olivia Plants a Garden storySensory table plant veggies | Number lines- Monsters can countNumber Island hoppingNumber Four Corners | Guess the Veggie…Describe vegetables- big/small/round/Long/ colours/sweet | Venus fly trap!Talk about and show venus fly trap video Plant him in our garden |
| **11:05- 11:30** |  |  |  |  |
| **Adult-led Activity or Continuous Provision** | Placing fruit and Veg in Colour CategoriesHow many\_(red)\_Fruit and veg are there? |  Garden Helpers/ transplant magic beans into garden | \*Craft Table- Child- Initiated\*Sensory Wash Veggies\*Construction area |  Garden HelpersRegrow- potato-onion-garlic-carrot-avacado |
| **11:30-12:00** | **Lunch** |
| **12:00- 12:15** | **Reading Time** |
| **12:15-14:15** | **Naptime** |
| **14:15- 14:30** | **Wake Up and Snack** |
| **14:30- 14:05** |  |  |  |  |  |
| **Outdoor Play** | Free Play- walkie talkies (optional) | Free Play- optional walkie talkies | Free play- parachute- optional | Pull out weeds from garden- waterDiscuss what we seeWhat is growing? | Goodbye Party for Lily\*Cake Picnic\*Face Painting\*Giant Bubbles |
| **15:05- 15:20** |  |  |  |  |  |
| **Music** | Seed Toilet Roll Shakers | Plant All Day SongKung fu fighting | Instrument free play | Chicken DanceKung Fu Fighting | Umizoomi! |
| **15:20- 15:50** |  |  |  |  |  |
| **Chinese Class** | Teacher Nikki | Teacher Nikki | Teacher Nikki | Teacher Nikki | Teacher Nikki |
| **15:50- 15:55** | **Closing song and Goodbye** |
| Easel | Erasable markers, magnetic letters |
| Construction | Marble run, lego centre |
| Small World | Jack and the beanstalk puppet world |
| Roleplay | Walkie Talkie police game |
| ITC |  |
| Circle Time | What do veggies taste like? Do you like mushrooms? Do you like ice cream? Do you like mushroom ice cream?  |
| Story | Olivia Plants A Garden |
| **Events** | **Friday- Lily’s Last Day** |